

CAROTID ENDARTERECTOMY: PRIMARY CLOSURE VERSUS PATCH ANGIOPLASTY

By

Ehab M.Saad, M.D. ⁽¹⁾, Hesham Sharaf, M.D. ⁽¹⁾, Atif Abd El-Latif, M.D. ⁽¹⁾, Khalid Mowafy ⁽¹⁾, Azza Al-Mongy M.D., ⁽²⁾

Vascular Surgery Unit, Department Of General Surgery, ⁽¹⁾ Department Of Neurology ⁽²⁾, Mansoura Faculty of Medicine

Objective: Carotid endarterectomy closure remains controversial. The aim of this work is a comparative study between primary closure and patch angioplasty after carotid endarterectomy as regard recurrent stenosis, recurrent stroke, and other operative complication.

Patients and methods: Forty Five patients with symptoms and signs suggestive of carotid artery occlusive disease were admitted, investigated, treated and followed up in vascular surgery unit and neurology department of Mansoura University Hospital during the period from August 1998 to April 2002. Only twenty patients (Out of Forty five) fulfilling the criteria of surgical interference of carotid endarterectomy (CEA) with other twenty-five patients excluded from the study. They were divided into two main groups: group I CEA with primary closure (10 patients). Group II CEA with patch closure (10 patients, 5 saphenous vein patch, and 5 PTEE patch). Life table analysis was used to compare recurrent stenosis (>50%), recurrent stroke and other postoperative complication for each group.

Results: No perioperative stroke or mortality in both groups. Life table analysis for patency rate (recurrent stenosis free rate) showed stenosis free rate 100% at 18 months and 50% after three years for primary closure group, and it was 100% free till 18 months and 85.7% after three years for patch closure group. Comparison between the two groups using the log rank test showed no significant difference ($P=0.45$). Stroke free rate at three years was 80% in patients in whom primary closure was done, and 85.7% in patients in whom patch closure was done ($p=0.51$).

Conclusion: In patients with occlusive carotid artery disease, it is advised to do patching after endarterectomy rather than to do simple closure. This procedure give better results as there is less incidence of post operative recurrent stenosis and/or thrombosis, also there is less incidence of recurrent stroke on long term follow up. Saphenous vein patch gives better results compared to PTEE patch on long term follow up.

Keywords: carotid endarterectomy - patch angioplasty - primary closure

INTRODUCTION

Stroke is the third leading cause of death in the United States each year. It is the second leading cause of cardiovascular death and most common cause of death as a result of neurologic disorders. In addition to death, the disability following cerebral infarction must be considered from the standpoint of the crippling effect on the patient as well as the socioeconomic burden on the patient, his or her family and society ⁽¹⁾.

Prevention of stroke is the primary objective of

surgery for extracranial lesion involving the cerebrovascular system. Operation is justified to the extent that surgery alters the natural history of the disease and represents a safe and more effective therapeutic alternative to anticoagulant or antiplatelet medical management ⁽²⁾. Carotid endarterectomy closure remains controversial between lry closure and patch angioplasty ^(3,4,5). So a comparative study between primary closure and patch angioplasty was done as regard recurrent stenosis, recurrent stroke and other operative complications after carotid endarterectomy.

PATIENTS AND METHODS

Forty Five patients with symptoms and signs suggestive of carotid artery disease were admitted, investigated, treated and followed up in vascular surgery unit of Mansoura University Hospital during the period from August 1998 to April 2002. They were referred from Neurology Department and Vascular out patient clinics.

All patients were subjected to:

- Thorough history taking including name, age, sex, occupation, residence and any special habits.
- History of previous attacks of stroke that necessitated medical consultation and treatment.
- Medical examination including: pulse, blood pressure, lower limb vascular assessment and, cardiac examination.
- Neurological examination: For assessment the neurological function of the patients after their presentation that may be: Transient ischaemic attacks, Amaurosis Fugax, Cerebral stroke (Hemiparesis) or Combination of the above.
- Complete blood picture, prothrombine time, serum creatinine, fasting and postprandial blood sugar, cholesterol and triglyceride level.
- ECG and Echocardiography for high-risk cases and to rule out cardiac embolism.
- Computed scan was done for all patients in our study to rule out structural lesions that may be mistaken for cerebrovascular disease (Fig. 1).
- Duplex ultra sound was done for all patients (Fig. 2): The following data were obtained and categorized for every patient: Size and extent of atheromatous plaque and whether complicated or not, degree of stenosis and its percentage, distal end point of the plaque, and other associated anomalies e.g. Coiling, kinking or aneurysms of the carotid vessels

Arteriography:

Transfemoral selective carotid catheterization (DVI) was done for patients showing significant lesions by duplex ultrasound to delineate more anatomical and pathological details and to show any lesion in the cerebral vessels that could not be visualized by duplex U/S, with measurement the degree of stenosis by the NASCET method⁽⁶⁾; the narrowest part of the lumen (stenosis) in relation to the internal carotid diameter distal to the stenosis. (Fig.3 a,b). C.T. angiography or MR angiography was done

in last patients in whom DVI arteriography was risky (Fig. 4 a, b).

Carotid endarterectomy was done only in 20 patients fulfilling the criteria of surgical interference which include:

(1) When the carotid lesion was associated with 50% stenosis or more with recurrent hemispheric transient ischaemic attack and/or, Amaurosis fugax, and/or Hemispheric cerebrovascular accidents with completed or near complete recovery. (2) Symptomatic carotid ulcer (type B&C) +30-50% stenosis in patients with previous stroke. They were divided into two main groups:

- Group I CEA with primary closure (10 patients)

- Group II CEA with patch closure (10 patients)

Group II was divided into two subgroups:

- Group IIa CEA with saphenous vein patch closure

- Group IIb CEA with synthetic patch closure (PTFE)

The remaining 25 patients were excluded from the study and treated medically due to the following causes:

(1) The carotid lesion <30% stenosis.

(2) Total internal carotid occlusion. (Fig.5)

(3) Complete stroke without residual neurological function.

(4) Bad general conditions (unfit for general anaesthesia).

Operative technique:

All patients in our study were done under general anaesthesia using the standard technique of carotid endarterectomy⁽⁷⁾ with prophylactic antibiotics and systemic heparinization during routine carotid shunting. (Figs.6&7&8)

In 10 patients, simple closure of the arteriotomy was done using 6/0 polypropylene suture (Fig.9).

In 5 patients autogenous patch (saphenous vein) was used from the lower leg. (Fig.10) In another 5 patients synthetic patch (PTFE) was used to close the arteriotomy. (Fig.11)

All patients were transferred postoperatively from the operating theatre to the intensive care unit for 24 hours where the following parameters were recorded and dealt with: Blood pressure monitoring, Palpation of the carotid and superficial temporal pulsations, Neurological examination including: Extremity strength, Fine hand movements, Speech and visual acuity

All patients were transferred from the I.C.U. to the surgical ward (for about one week Fig 12 a ,b) after stability of the measures recorded before. all patients received Low molecular weight heparin in prophylactic dose for one week postoperatively, and antiplatelet (Aspirin) 325 mg daily forever.

Post operative follow up (Surveillance program):

All patients were followed up in the out patient clinic of vascular surgery unit as regard complications including TIA, reversible ischaemic neurologic deficits (RINDs), or stroke morbidity and asymptomatic occlusive events. The data were recorded according to the Ad Hoc committee suggested standards for reports dealing with cerebrovascular disease.⁽⁸⁾

Duplex examination was done before discharge, one-week post operatively, to assess patency of the carotid vessel and any possible complications.

Duplex examination at 6, 12 months and every one year to detect recurrent stenosis (Fig.13,14). Recurrent stenosis was considered to be present only if the abnormality detected was not present in the immediate post operative duplex and if persistent for at least two examination done within 6 months of the original one. The spectral broadening throughout systole and increased diastolic frequency were consistent with significant (>50%) stenosis.⁽⁹⁾

Statistical Methods:

The time to occurrence of events (stenosis>50%, stroke or death) was calculated with life table analysis and comparison was made between patency rate or stroke rate of each group using logrank test.

Statistical comparisons of demographic data and risk factors were examined with chi square test or fisher exact tests.

RESULTS

This study included a total of 45 patients with symptoms and signs suggestive of occlusive carotid artery disease. Only 20 patients fulfilling the criteria of carotid endarterectomy (CEA). Ten patients did carotid endarterectomy with simple closure (group I), other 10 patients did CEA with patch closure (group II); 5 with saphenous vein patch (IIa) and 5 with synthetic patch PTFE (IIb).

They were managed in the vascular surgery unit Mansoura University Hospital (Mansoura, Egypt) during the period from August 1998 to April 2002. They were followed up over a period that ranged from 6 months to 3

years, with mean follow up period 25.9 ± 10.53 months for the primary closure group and 26.5 ± 9.75 months for the patch group.

Demographic data:

The mean age of the studied group was 62.7 ± 8.6 for group I and 59.3 ± 3.2 for group II (range 47 to 73), with no significant difference in the studied group ($P=0.79$).

Eighty five percent of the studied groups were males and 15% were female with no significant difference regarding sex among studied group ($P=0.12$).

The risk factors of the studied groups are shown in (Table 1) with no significant difference among them.

Presentation:

Recurrent TIA was the most common presentation (60%) among the studied groups, followed by recurrent stroke (15%), as shown in (Table 2). Fifty percentage of the studied group were presented by right sided hemiparesis, 35% by left hemiparesis and 15% showed no hemiparesis.

Pre-operative duplex scan & Angiography:

The mean degree of internal carotid stenosis by pre-operative colour duplex among studied groups was 50 ± 12.48 for primary closure group and 54 ± 14.48 for patch closure group as shown in (Table 3)

Table (4) showed the angiographic finding of the studied groups.

Post-operative Complications:

No peri-operative stroke or mortality in both groups. Three patients developed wound haematoma (15%) and was managed conservatively after duplex examination to exclude disruption of the sutures line (pseudo-aneurysm) that may necessitate redo.

Two patients (10%) developed postoperative cranial nerve affection, One hypoglossal and one glossopharyngeal nerve affection. These nerve affection were temporarily and improvement in their function was noted 6 months later

Recurrent stenosis:

Table (5) & Fig. 15) Showed life table analysis for patency rate or recurrent stenosis free rate (less than 50%) among primary and patch group. The cumulative stenosis free rate was 100% at 18 months and 50% at the end the study for primary closure group. It was 100% free till 18 months and 85.7% at the end of the study for patch closure group.

Comparison between the groups using the log rank

test showed no significant difference between the groups (P = 0.45).

The recurrent stenosis free rate for saphenous patch was 100% from the start till the end of the study, while for PTFE patch, it was 100% at 18 months and 71.4% at 30 months (fig.16). However comparison between the two groups yielded no statistical significance difference (p=0.13).

Recurrent stroke:

Table (6) & Fig (17) Showed life table analysis for stroke free rate among primary and patch group. The cumulative stroke free rate was 80% at the end of the study for primary closure group, and 85.7% for patch closure group (P = 0.51). The cumulative stroke free rate for saphenous patch group was 100% all over the study, and 71.4% at the end of 30 months for PTFE patch group (p=0.26).

Table (1): Risk factors of the studied group.

Studied group / Risk factor	Smoking		Ischaemic heart disease		D.M.		Hypertension		High lipid profile	
	No	%	No	%	No	%	No	%	No	%
Primary group	7	70	5	50	7	70	9	90	6	60
Patch group	7	70	6	60	7	70	8	80	8	80
P.Value	0.14		0.109		0.57		0.62		0.81	

Table (2): Presentation of the studied group.

Studied group	Recurrent TIA		Recurrent stroke		Amaurosis fugax		TIA + Amaurosis		Stroke + Amaurosis	
	No	%	No	%	No	%	No	%	No	%
Total	12	60	3	15	2	10	1	5	2	10
Group I (P.C)	6	60	1	10	1	10	1	10	1	10
Group II patch	6	60	2	20	1	20	-	-	1	10

Table (3): Degree of stenosis as detected by duplex (pre-operative)

Studied group	Mean	Range
Total	52 ± 13.17	40 - 75
Group I (PC)	50 ± 12.48	40 - 70
Group II patch	54 ± 14.48	40 - 75
Group II a (Saph.)	56 ± 12.24	40 - 75
Group II b (PTFE)	53 ± 16.8	45 - 60

Table (4): Angiographic finding of the studied group

Studied group	Angiographic finding							
	Atheroma with stenosis > 50%		Atheroma with ulcer		Atheroma with aneurysm		Atheroma with kinked I.C.A.	
	No	%	No	%	No	%	No	%
Total	9	45	9	45	1	5	1	5
Group I (PC)	4	40	6	60	-	-	-	-
Group II patch	5	50	3	30	1	10	1	10
Group II a Saph.	2	40	2	40	1	20	-	-
Group II b PTFE	3	60	1	20	-	-	1	20

Table (5): Life table analysis for recurrent stenosis free rate (less than 50%) among primary and patch groups

<i>Interval</i>	<i>Member entering</i>	<i>Number with drawn</i>	<i>Number exposed to risk</i>	<i>Number of terminal</i>	<i>Interval recurrent stenosis free rate</i>	<i>Cumulative recurrent stenosis free rate</i>	<i>SE standard</i>
Primary							
0	10	0	10	0	100%	100%	0
6	10	2	9	0	100%	100%	0%
12	8	0	8	0	100%	100%	0%
18	8	1	7	0	100%	100%	0%
24	7	2	6	1	83.35	83.3%	15.2%
30	4	0	4	0	100%	83.3%	15.2%
36	4	3	2	1	60%	50%	27.3%
Patch							
0	10	0	10	0	100%	100%	0
6	10	1	9	0	100%	100%	0
12	9	0	9	0	100%	100%	0
18	9	0	9	0	100%	100%	0
24	9	4	7	1	85.7%	85.7%	13.2%
30	4	0	4	0	100%	85.7%	13.2%
36	4	4	2	0	100%	85.7%	13.2%

Log rank test = 0.55

P= 0.45

Table (6): Life table analysis for stroke free rate among primary and patch groups

<i>Interval</i>	<i>Member entering</i>	<i>Number with drawn</i>	<i>Number exposed to risk</i>	<i>Number of stroke</i>	<i>Interval stroke free rate</i>	<i>Cumulative stroke free rate</i>	<i>SE standard</i>
Primary							
0	10	0	10	0	100%	100%	0
6	10	0	10	2	80%	80%	12.6%
12	8	0	8	0	100%	80%	12.6%
18	8	1	7	0	100%	80%	12.6%
24	7	3	4	0	100%	80%	12.6%
30	4	0	4	0	100%	80%	12.6%
36	4	4	2	0	100%	80%	12.6%
Patch							
0	10	0	10	0	100%	100%	0
6	10	1	9	0	100%	100%	0
12	9	0	9	0	100%	100%	0
18	9	0	9	0	100%	100%	0
24	9	4	7	1	85.7%	85.7	13.2%
30	4	0	4	0	100%	85.7	13.2%
36	4	4	2	0	100%	85.7	13.2%

Log rank test = 0.42

P= 0.51



Fig (1): CT scan showing area of ischaemic cerebral infarction



Fig (2): Preoperative colour duplex of left carotid system showing severe stenosis in left common carotid bifurcation

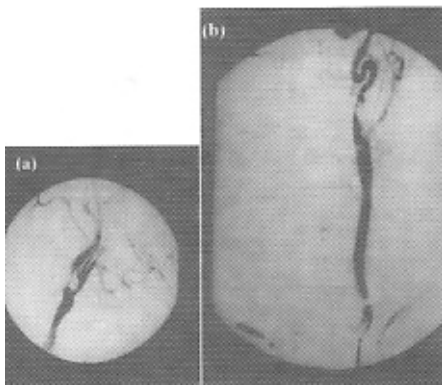


Fig (3): Selective carotid angiography showing:
 (a) Marked degree of stenosis at the carotid bulb.
 (b) Tight stenosis with kink of internal carotid artery.

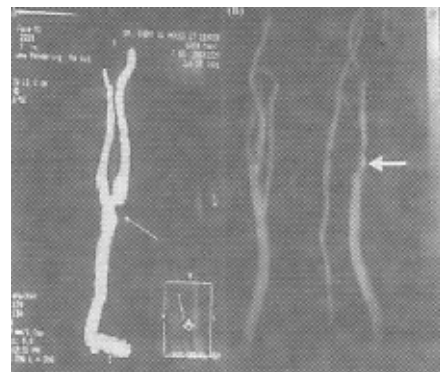


Fig (4a): CT angiography showing severe stenosis at the common carotid bifurcation.

Fig (4b): MR angiography showing severe stenosis at the common carotid bifurcation.



Fig (5): Arch aortogram showing complete occlusion of the left internal carotid artery

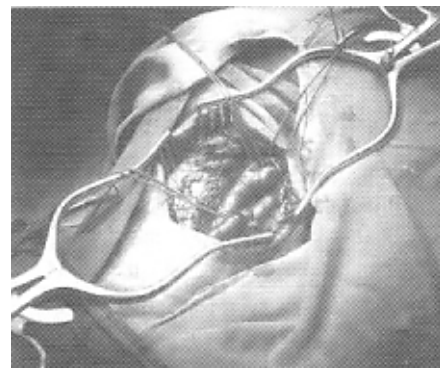


Fig (6): Exposure of carotid vessels and encircling of C.C.A, I.C.A, and E.C.A. before incision of carotid bifurcation.



Fig (7): Posterior wall atheroma after exposure with insertion of carotid shunt.

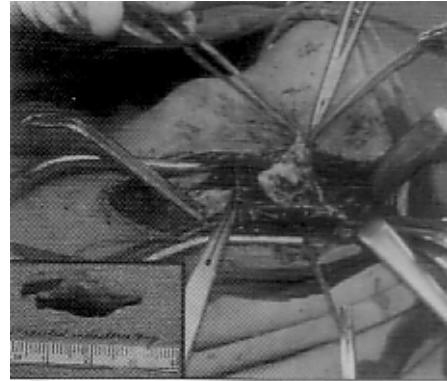


Fig (8): Atheroma completely extracted from the carotid wall circumferentially.



Fig (9): Primary closure of the internal carotid artery.

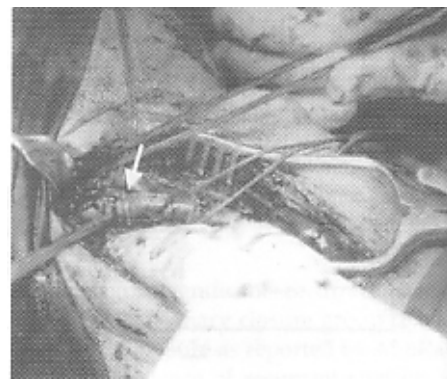


Fig (10): Closure of the arteriotomy with saphenous vein patch.

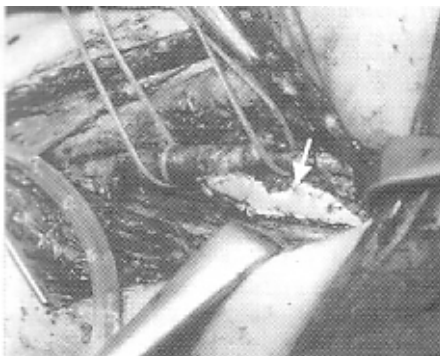


Fig (11): Closure with PTFE graft.

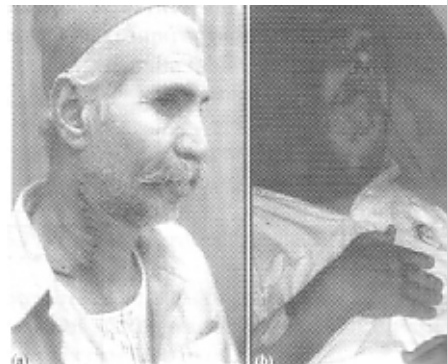


Fig (12): Postoperative carotid endarterectomy patients: (a) With previous recurrent TIA. (b) With previous stroke.

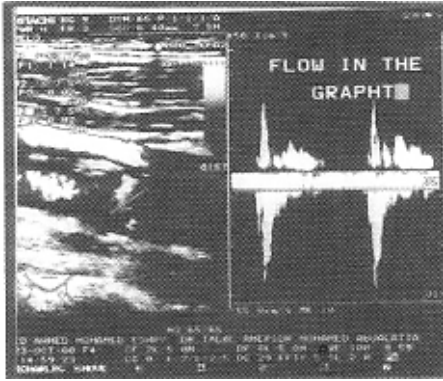


Fig (13): Postoperative colour duplex after carotid endarterectomy with saphenous vein patch showing patent lumen and normal flow in carotid vessels (24 months postoperatively)

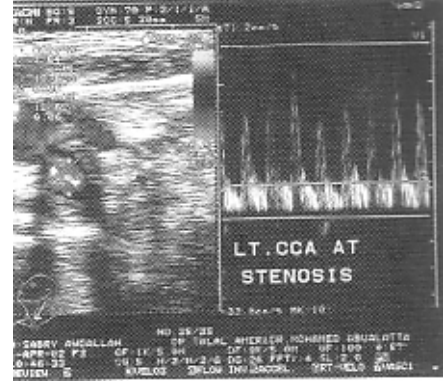


Fig (14): Postoperative colour duplex showing marked stenosis at carotid bifurcation (65%) after primary closure.

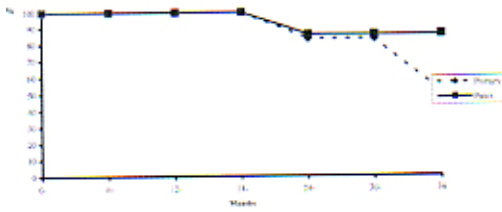


Fig (15): Lift table analysis for recurrent stenosis free rate (Less than 50%) among primary and patch groups.

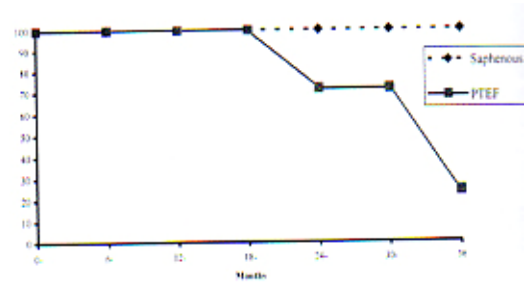


Fig (16): Lift Table analysis of recurrent stenosis free rate (Less than 50%) among saphenous and PTFE groups.

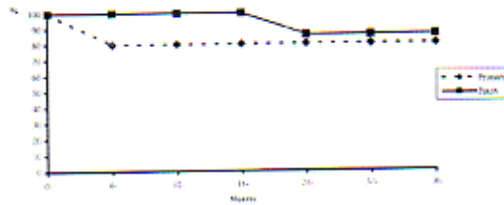


Fig. (17): Lift table analysis for stroke free survival rate among primary and patch groups.

DISCUSSION

Prevention of stroke is the primary objective of surgery for extra-cranial cerebrovascular occlusive disease. The same objective with the recurrent stenosis after carotid endarterectomy are the main targets and controversy between authors regarding closure after carotid endarterectomy; simple closure Vs. patch closure.

It has been suggested that the flow characteristics of patched carotid arteries may be superior to those of primary closed arteries in terms of preventing early thrombosis⁽³⁾. Dirrenberger and Sundt⁽¹⁰⁾, said that the endarterectomized artery is thrombogenic for the first several hours after carotid CEA, during which time the carotid artery is most vulnerable to acute thrombosis. Other authors have attributed this improvement to widening of the artery with a corresponding reduction in the effect of intimal hyperplasia⁽⁴⁾.

Opponents of carotid patching cite the increased operative time 15-20 minutes required for patch closure, risk of patch rupture and false aneurysm, and excellent results with primary closure⁽⁵⁾.

It has been established that the perioperative stroke rate is the most devastating complication of carotid endarterectomy and most of perioperative strokes were due to technical errors that resulted in thrombosis, or embolism from the endarterectomy site. Intraoperative factors such as the use of general anaesthesia and the use of intraarterial shunt are risk factors for preoperative stroke⁽¹²⁾.

Early carotid thrombosis complicates 2-3% of CEAs and is a major cause of perioperative permanent stroke in previous trials^(13&14). In our series, there was no postoperative thrombosis and no redo surgery for acute thrombosis was done.

The choice of patch material has been controversial. Many authors prefer using autogenous material (saphenous or neck veins), citing the advantage of using an intima-lined patch with potential reduction of perioperative thrombosis and infection.^(15&16)

Seabrook⁽¹⁵⁾, said that autogenous vein is superior to prosthetic materials because the luminal surface is less thrombogenic and more resistant to infection. In our series saphenous vein patch was superior to PTFE patch as regard patency rate after carotid endarterectomy and with stroke free survival rate was higher in vein patch (SVP) than PTFE patch.

Synthetic patch (PTFE) has the advantages of availability, resistance to aneurysmal formation or patch rupture. The bleeding from sutureline (needle holes) was

controlled by temporary compression and reduction of such blood loss has been associated with needle suture diameter ratio of 1:1 as stated by Rhodes⁽¹⁷⁾, in our series bleeding from sutureline in PTFE patch closure group was controlled by temporary compression and the use of local hemostatic agents e.g. Surgicel (Oxidized regenerated cellulose). Opponents to synthetic patches fear bleeding through the patch material, intraluminal thrombosis, and infection. In our series no vein patch rupture occurred and there was no infection among patch closure (autogenous or synthetic patch).

In a series by AbuRahma⁽¹⁸⁾, the cumulative recurrent stenosis free rate was 88% at end of 36 months follow up for saphenous vein patch (SVP) closure after carotid endarterectomy and the cumulative stroke free survival rate for (SVP) closure was 90% at end of 36 months follow up, in our series with cumulative recurrent stenosis free rate was 100% and with cumulative stroke free survival rate was 100% at the end of study (36 months).

In a series published by AbuRahma⁽¹⁸⁾ the cumulative recurrent stenosis free rate for PTFE closure was 96% at end of 36 months and the cumulative stroke free survival rates was 90% at end of 36 months, in our series cumulative recurrent stenosis free rate was 23.8% at end of study and the cumulative stroke free survival rate was 41.4% at the end of the study.

The incidence of significant recurrent stenosis and occlusion was 34% for primary closure group, 2% for PTFE, and 9% for vein patch closure as reported by AbuRahma⁽¹⁸⁾, in our series with incidence of recurrent stenosis was 20% for P.C group, 0% for vein patch group and 20% for PTFE group.

The life table analysis showed that freedom from significant recurrent stenosis at 36 months was 70% for PC and 96% for PTFE group, 88% for vein patch in AbuRahma series⁽¹⁸⁾, in our series life table analysis showed that it was 50% for PC, 85.7% for patch closure.

The cumulative stroke free survival rate at 36 months was 82% for primary closure group and 86% for patch closure in AbuRahma series⁽¹⁷⁾, in our series it was 80% for P.C and 85.7% for patch group.

The occurrence of 50% or more recurrent stenosis and the occurrence of stroke was associated more with primary closure, this was true also in our series.

This study (in spite of a small number of cases) confirms that patching in general is superior to primary closure in lowering the incidence of perioperative stroke, acute postoperative internal carotid artery thrombosis or both.

Both saphenous vein patch and PTFE patch give superior results to primary closure in this regard and the use of short segment of lower part of long saphenous vein appears to be more economic in our locality and resistance to infection and blow out or dilatation ,with excellent long term results and follow up.

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